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March 6, 2020

## Report to the Inclusive Leadership Co-operative Board

### March 4 Youth With Youth Leadership Day

Prepared by Dr. Linda Hill, Co-ordinator of Inclusive Leadership Education

#### **Rationale:**

The Youth 2020 Can is a Canada Service Corps initiative that recognizes and supports youth-led ideas and visions for what communities could be like if more youth had a voice.

#### **Purpose:**

The goal of this project was for an intergenerational team of 6-8 youth and 2-4 adult mentors to cofacilitate a youth-with-youth leadership day for 20-30 more youth in Chemainus, Thetis Island, Penelakut Island and other parts of North Cowichan.

#### **Co-hosts:**

- Funded by Youth Can 2020 (<https://youth2020can.ca/> )
- 4 Co-hosts: Chris and Arlene (Cowichan Neighbourhood House), Anne-Marie Koeppen (Go To All Things Volunteer,) and Barbara Stoochnoff (Chemainus Secondary School).
- 6 Mentors: Lindsay, Linda and Courtney (Inclusive Leadership Co-operative) and Ray and Cara from CMHA-CVB Child and Youth Services. Muriel Peter facilitated a making Dream-Catchers workshop.

#### **Youth Participants (35 total)**

- 9 Youth from the Inclusive Leadership Co-operative
- 9 Youth from CMHA-CVB (plus two who are also Inclusive Leaders)
- 2 Youth from Cowichan Neighbourhood House
- 15 students from Chemainus Secondary School (plus 1 who is also from CNH and 4 who are also from CMHA-CVB)

#### **Time-Line:**

- January 27 Anne-Marie Koeppen invited the ILC and CMHA-CVB to submit a proposal for a youth led leadership conference to be held before the end of March, 2020
- February 3 Our proposal to bring youth leaders together to co-facilitate a Youth With Youth Leadership Day (a condensed Inclusive Leadership Adventure) was accepted.

- February 4-18 Networking to invite youth leaders from CMHA-CVB and the ILC to co-facilitate
- February 19 Linda Hill (ILC) and Ray Anthony (CMHA-CVB) co-facilitated a 3 hour planning and preparation session with 13 youth aged 15 to 27.
- March 3 Linda, Lindsay and Courtney (ILC) and Ray and a practicum student Cara (CMHA-CVB) plus 3 of the youth from from our February 19 session co-facilitated a dress-rehearsal and final preparation meeting with 5 more youth leaders.
- March 4 Our intergenerational team of 3 adults and 13 youth co-facilitated a youth with youth leadership day for 15 more participants.

#### Agenda for March 4:

Approximate times	Activities
8:00 – 8:45	Set Up and Arriving
8:45-9:00	Welcome to the territory Welcome from Chemainus Secondary School Introduce the cofacilitating team Leadership is showing up: High 5 Showing Up Activity)
9:00-9:20	Housekeeping Goals and plan for the day Why is Inclusive Leadership needed? Evolution Activity and debrief
9:20-9:40	Connecting With Differences May I Join You Travelling Ice-Breaker Game and Debrief
9:40-10:00	Inclusive Leadership is shared leadership Magic Stick Activity and Debrief
10:00- 10:20	From Values to action (Concentric Circles)
10:20	Break
10:30	Choice of 3 Workshops - Mindful Wellness - Leadership in Motion - The Art of Inclusive Leadership
11:30	Transition to lunch
11:30 to 12:00	Lunch
12:10	Done

## Outcomes

- 45 youth and 8 mentors from 5 non-profit organizations and 1 school collaborated in planning, developing and participating in this inspirational and successful project
- 13 youth were involved in an average of 8 hours of volunteer co-facilitating each (over 100 hours total) on Feb 19, March 3, and March 4.
- 32 youth participated in 3-4 hours of youth with youth leadership challenges on Feb 19 or March 4 (over 90 hours total)
- Co-facilitators and participants explored these leadership themes through youth with youth experiential Inclusive Leadership Diversity Education.
  - Showing up as leaders
  - Why Inclusive Leadership is needed
  - Connecting with differences
  - Sharing Leadership
  - Taking action on Inclusive Leadership values of safety, respect, equality and happiness
  - Inclusive Leadership as mindful creativity
- Students participated in a choice of 3 small-group workshops:
  - making Inclusive Leadership posters
  - making dream catchers
  - exploring Inclusive Leadership through movement
- Youth participants and co-facilitators shared many great ideas and visions for what their schools and communities could be like with each student seeing themselves as an Inclusive Leader
  - Students would be more friendly, positive and inclusive with each other
  - There would be less cliques, less isolation and less bullying
  - Students would be more respectful and less judgemental about different ways of leading their lives. Specifically, there would be less stigma and more acceptance of mental health issues, homelessness, poverty, diverse gender and sexual orientations and cultural diversity.
  - Students would be more involved in activities such as music, art, sports, writing, drama and caring for the environment.
  - Students would have more access to helpful health, social, education, employment and financial resources for themselves and their families.
- Youth became more comfortable with and more likely to participate in future events and activities hosted by Chemainus Secondary School, the Inclusive Leadership Co-op, CMHA-CVB, Cowichan Neighbourhood House and Youth 2020 Can
- We have successfully piloted an efficient and effective and easy-to-repeat youth-led process for supporting youth and mentors to develop, plan, prepare and co-facilitate youth-with-youth Inclusive Leadership Challenge Days.